



Kate Hessling Art

Kate is an artist based in Brisbane, Australia working primarily in acrylic. As a self-taught artist she enjoys challenging herself and experimenting with different ideas and subject matters exploring the boundless possibilities of this versatile medium.

Her preferred art style is abstract and expressionist with influences mostly from the stunning abstract and expressionist works of the early to mid-20th century. Kate enjoys experimenting with colours, shapes, patterns, brushstrokes and marks and her approach is generally to re-imagine the world around her and try to capture this on canvas. These re-imaginings can be inspired by objects, locations, nature and sometimes just ideas and concepts. Whilst she does sometimes create several paintings in similar styles she generally feels the need to constantly evolve and not restrict her creativity to any one particular style. Kate's art journey is all about embracing creativity, change, and new and exciting challenges and with a mind overflowing with ideas and the need to explore different works and pushing of boundaries. Her work has been in a number of show both physical and virtual and she is a member of the Royal Queensland Art Society (Brisbane Branch).

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Kate grew up in a creative family around the visual and written arts and although she principally worked in the Information Technology and scientific fields she has experimented with a range of creative activities including sculpting, clay hand building, and glass fusing, before moving into watercolour abstract landscapes, and now abstracts in acrylic.

Most Recent

2026 Abstraction Showcase at The Star Brisbane
2026 RQAS Members exhibition
2026 RQAS "Splash" exhibition.
2025 Ipswich Art Awards
2025 RQAS "Abstraction"
2025 Brisbane Rotary Art Show
2025 Grammar Art Show Toowoomba, Group Exhibition
2025 KayeWest Studios "Abstraction" Group show
2025 ACB Selects, Michael Reid Northern Beaches
(off-shoot of NEAP)
2024 "Beyond Reality: Essence and Form" Solo Show
2024 RQAS Small Art Awards
2024 RQAS Figurative Exhibition
2024 Boonah Arts Festival
2024 Brisbane Rotary Art Show (finalist – physical and virtual)
2024 Quota Jimboomba Art Show (Winner)
2024 RQAS Members Exhibition
2024 RQAS "Abstraction" exhibition (finalist)
2024 RQAS "Hidden Gems" Petrie Terrace (finalist)
2024 Aspire Gallery "Petite Pieces" (finalist)